

Post-growth urbanism: research & practice challenges of a fundamental paradigm shift

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"Post-growth" implies a paradigm shift that radically challenges conventional approaches to urban and regional development. After defining "growth" as both a necessary condition of capitalism and one of the foundational principles of modern urban planning, we will delve into the concepts, principles, and practices of "post-growth urbanism" as a needed response to climate change, increasing socio-spatial inequality, and resource depletion, presenting realistic alternatives to growth-driven development models.

We will point out theoretical and methodological issues, concerning space, time and scale raised by that paradigm shift.